

# Psych-e News

DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL NEUROSCIENCES



School of Medicine

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University  
Physician Group

## Upcoming Events

### DPBN Chairman's Grand Rounds

April 2015

1:00 – 2:00pm

John D. Dingell VAMC  
Auditorium

#### 5/6 – NO GRAND ROUNDS

5/13 – *Georgia Michalopoulou, Ph.D.*

*Sherylyn Briller, Ph.D.*

*“Building Family-Clinician  
Partnerships in Pediatric  
High Risk Asthma: Findings  
from a Qualitative Study”*

#### 5/20 – NO GRAND ROUNDS

5/27 - *Ted B.A. Hunter, M.D.*

&

*Jennifer Vinch, M.D..*

*Dr. Hunter:*

*“High Antipsychotic-  
Stimulant Prescribing  
(HAPS-P) in Youth with  
ADHD: Warranted or  
Unwarranted?”*

*Dr. Vinch:*

*“Pharmacogenomic Testing  
for Psychotropic Medication  
Selection”*

## I. Greetings from the Chair

A big congratulations to Dr. Vaibhav Diwadkar, who has been chosen to be a member of the inaugural class of Provost Fellows. This fellowship was established to bring together a group of faculty members to be charged with a variety of tasks meant to improve retention and graduation rates while, at the same time drawing their colleagues into these realms, both by modeling behaviors and by directly engaging them in specific initiatives. Dr. Diwadkar is an academic leader and an unsurpassed mentor. His enthusiasm and multi-disciplinary expertise enhances the educational experience of our undergraduates. The supplemental instruction he provides in the lab augments students' understanding of classroom didactics in many areas of psychology, biology and neuroscience. He has been able to sustain student success by helping them excel in research. He has established an enduring culture of strong relationships and mentoring, a practice that will be central to our collective efforts of student retention and long term success. His approach has always been inclusive and he has always been willing and eager to mentor and young minds and to instill a sense of curiosity in them. And by engaging them in experimental research he has inculcated a culture of evidence-based inference and teaching. I cannot think of anyone better to represent the SOM.



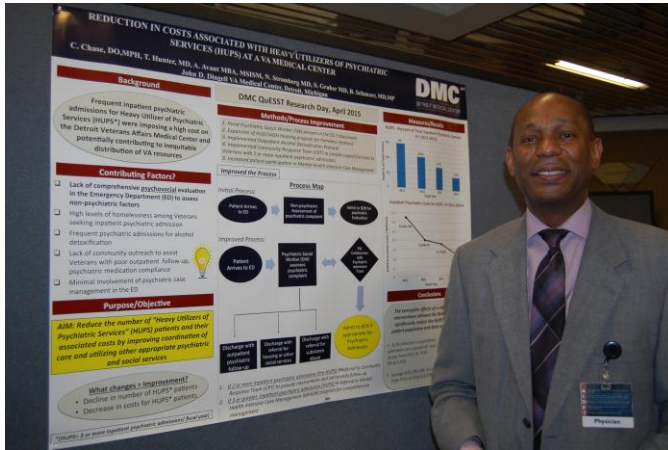
## II. News from the Faculty

- **Vaibhav Diwadkar, PhD**, who has been selected as one of the 29th group of Charles H. Gershenson Distinguished Faculty Fellows. The Fellowship recognizes faculty whose achievements and current activities in scholarship, research continue to hold national distinction.
- **Donald Kuhn, PhD**, and **Mariana Angoa-Pérez, PhD**, were recently interviewed by a science writer for Science News. The article, “Serotonin and Sex”, featured some of their conversation. <https://www.sciencenews.org/blog/scicurious/serotonin-and-science-sex>
- **Shane Perrine, PhD**, was the recipient of a 2015-2016 University Research Grant.
- **Mary Morreale, MD** has been promoted to Associate Professor and **Stephen Ondersma, Ph.D** has been promoted to Professor.
- **Richard Balon, MD**, was recently published in JAMA Psychiatry, Benzodiazepines in Anxiety Disorders, Giovanni A. Fava, MD, Richard Balon, MD, Karl Rickels, MD.

## III. Office of Education and Training

- Congratulations to our new incoming PG-1 residents: Takoko Benn, M.D., Anindita Chakraborty, M.D., Umair Daimee, M.D., Sarah Daniel, M.D., Daniel Goyes, M.D., Ella Hong, M.D., Natalie Sadik,

M.D., Anne Wagner, M.D, Omar, Waqhar, D.O., and Musa Yilanli, M.D. Please see pages 3-7 for additional information about our incoming residents.



- Congratulations to **Drs. Cori Chase, Ted Hunter and Bella Schanzer**, as their poster, “Reduction In Costs Associated with Heavy Utilizers Of Psychiatric Services (HUPS) at a VA Medical Center”, received first place at the Quality Education and Safe Systems Training (QUESST) Research Day.

- Congratulations to **Drs. Benjamin Williamson (PGY4), Jananie Kumaran (PGY2), Mahtab Yousefi (PGY2), Randeep Christie Hayer (PGY1), and Samad Hassan (PGY1)** on receiving 3rd place prize in this year’s DMC QUESST fair poster competition for their quality improvement project, "Implementation of evidence-based treatment of Tobacco Use Disorder with Nicotine Replacement Therapy (NRT) in an inpatient psychiatric unit."



**IV. Clinical and Administrative**

WSUPG’s reaccreditation survey with CARF is scheduled to be June 29, 2015 and June 30, 2015. Additional information will be sent out closer to the date.

Congratulations to all team members of psychiatry clinics at Livonia and Tolan Park – Ste. 3B on receiving second place with honors for making consistent gains in 3 out of 5 WSUPG top patient satisfaction metrics. Department representatives were awarded at the UPG Best Practices for Patient Satisfaction meeting.



Starting Left: Michelle Bryant, Suzanne Manji, Sean Kelley, Julie Giroux, and Nicole Mascia

**"At my age flowers scare me."  
- George Burns**



Takako Benn, M.D.

Takako Benn is a graduate from Wayne State University School of Medicine, class of 2015. She completed her undergraduate degree in Psychology at the University of Michigan, after which she worked in the automotive industry for several years before returning to school to pursue medicine. She is excited to start her training at DMC/WSU and is thrilled to continue to work with the Detroit population, alongside her mentors from medical school that influenced her decision for this specialty.



Anindita Chakraborty, M.D.

I've grown up in too many places to mention! Suffice it to say that Kolkata (India) is my current home. To me psychiatry is a three legged stool of science, philosophy, and art that is essentially based on people's stories. I enjoy stories and writing very much. My most favorite thing is spending time with family, friends, and my dog Benadryl (Benny). Other interests are: hiking, music, yoga, and Eckhart Tolle. At this time I am interested in Adolescent Psychiatry. I am looking forward to July!



Umair Daimee, M.D.

I was born in Pakistan, grew up in Kuwait, and have called Michigan my home for the past 15 years. I have embraced the Detroit and Michigan community in that time. My hobbies include playing sports and watching sports. Staying true to my city, I am a huge fan of the Lions, Tigers, Red Wings, and Pistons. In fact, during NFL season, my mood on Mondays depends on the Lions game the day before. Although a hip surgery brought me to medicine, I fell in love with psychiatry as a medical student at Wayne State, and I am very excited to begin residency training at the same institution with the same faculty that significantly influenced my decision to pursue the specialty.



Sarah Daniel, M.D.

I am a Michigan native. I attended the University of Michigan for undergraduate and participated in the Basic Medical Sciences master's program at Wayne State University prior to attending WSU School of Medicine. In my free time I enjoy cooking with my fiancé and spending time with our two lab mix puppies, Spencer and Georgia. My other hobbies include skiing, knitting, and running an online vintage resale store on Etsy.



My name is Daniel Goyes and I was born and raised outside of Toronto, ON in a middle class English-Spanish (Spanglish) speaking household with an older brother and younger sister. My parents came to Canada as immigrants from South America in search of a better future and always instilled in us strong worth ethic, discipline and courage to follow our dreams from a young age. Being fortunate enough to be well supported in my studies, I became drawn early on to health, physiology and human behavior and went on to graduate from York University (Toronto, ON) with a degree in kinesiology with a minor in psychology. I then chose to combine both my passion for health sciences and human behavior by studying medicine at Saba University School of Medicine (Saba, Netherland Antilles) where I took on an active leadership role in student government serving as class representative. My medical interests include psychotic disorders, psychopharmacology, general adult, child and adolescent psychiatry. Outside of medicine, I love to travel, read, spend time with family and friends while also staying active with tennis, soccer, snowboarding and golf whenever possible. I am truly thankful and excited to start this new chapter in my medical career and look forward to great experiences working as a resident with the WSU/DMC psychiatry team.



Ella Hong, M.D.

I am a recent Wayne graduate who will be joining the exciting class of 2015. Going to Wayne state for medical school and having rotated at DMC led me to a variety of experiences. I am glad to be back and join the team as a fellow resident.



**Natalie Sadik, M.D.**

I am originally from West Bloomfield, MI and very excited to continue to work and contribute to my home state! I completed my undergraduate degree at Michigan State University where I obtained a BA in Chemistry. I then obtained my medical degree at Ross University. I have a real passion for psychiatry with a special interest in Geriatrics. I am an avid sports fan and also enjoy catching live music whenever I can. I love the city of Detroit and very much look forward to being a part of its comeback.



**Anne Wagner, M.D.**

I am a Michigan native with my entire education taking place in this great state. I grew up in Rochester Hills with my parents and two older brothers. After studying ballet for 15 years and performing with the Michigan Ballet Theatre, I completed my undergraduate studies at Wayne State University with a B.S. in Biology. After college, I was honored to join the charter class of Oakland University William Beaumont School of Medicine. I fell in love with psychiatry during my third year clerkship. My interests in psychiatry include the role of nutrition in mental health and mental health advocacy. I am thrilled to continue my education locally and join DMC. I have Detroit pride and am so happy to be part of its revitalization! In my spare time I head to Northern Michigan for skiing at Nubs Nob in the winter and enjoying the lakes during the summer. Other hobbies include standup paddle boarding, running, and listening to NPR.



Omar Waqhar, D.O.

Omar is a Midwesterner through and through. He attended Wayne State University for undergrad where he graduated with a summa cum laude. During his time at Wayne State, he was a supplemental instructor leader and tutor for basic science courses. After undergrad, Omar was accepted at Michigan State University College of Osteopathic Medicine. Omar is an avid traveler and fitness enthusiast who enjoys running as well as weight lifting. In the future Omar wants to divide his time with academics and clinical medicine.



Musa Yılanlı, M.D.

I was born and raised in Istanbul, Turkey. I graduated from Pamukkale University Medical School in Turkey on June, 2011. I worked as a psychiatry resident for 1 year at Erenkoy Mental Health Hospital in Turkey. In order to become a well-trained, evidence based, and clinical psychiatrist, I decided to continue my career in USA. I have worked as a postdoctoral research fellow for 2 years in the Department of Psychiatry, Yale University. I am especially interested in Neuroimaging and ADHD. I enjoy playing soccer and team sports.