

# Psych-e News

DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL NEUROSCIENCES



School of Medicine

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University  
Physician Group

## Upcoming Events

### DPBN Chairman's Grand Rounds

October 7<sup>th</sup>

Jeffrey Stanley, Ph.D.

*"Capturing Real-Time Hippocampal Glutamate Modulation in Response to Associative Learning and Memory using 1H Functional MRS and Its Application to Schizophrenia"*

October 14<sup>th</sup>

Ramesh Madhavan, M.D.

"TBA"

October 21<sup>st</sup>

Evan B. Fonger, M.D.

*"What is Hospice Care and Why Are They Going to Psychiatry Grand Rounds"*

October 28<sup>th</sup>

John C. Markowitz, M.D.

*"Interpersonal Psychotherapy (IPT) for PTSD"*

## I. Greetings from the Chair

Along with Wayne State University Physician Group, Wayne State University Department of Psychiatry and Behavioral Neurosciences and Department of Family Medicine and Public Health, we will design and implement a comprehensive treatment model for police officers, firefighters and military veterans who experience Post-Traumatic Stress Disorder (PTSD). With input from Sterling Heights police officers and firefighters, we hope to develop a comprehensive treatment model that becomes the stands for police and fire departments across the country. "PTSD is a very disruptive condition for both the patients and their family. In many cases, patients try to self-medicate, which leads to alcohol and drug abuse, behavioral changes and, in some cases, suicide," said David Rosenberg, M.D., a WSU Physician Group psychiatrist and department chair. "There are proven therapies and medications to help address PTSD in patients, but these treatments need to be tailored for a particular patient population. What works for soldiers in the battlefield may be different for a firefighter or police officer." Please be on the lookout for additional news and future fundraising events.

## II. News from the Faculty

- **Stephen Ondersma, Ph.D.**, had an article, "Computer-Delivered Alcohol Screening and Brief Intervention Shows Promise Among Pregnant Women" featured in the Alcohol, Other Drugs, and Health: Current Evidence Informing you of the latest clinically relevant research on alcohol, illicit drugs, and health, with Boston University. This widely distributed website provided critical summaries of 4 clinically-relevant publications. It is intended to speed the dissemination of information to providers. [http://www.bu.edu/aodhealth/issues/issue\\_july15/kraemer\\_barbosa.html](http://www.bu.edu/aodhealth/issues/issue_july15/kraemer_barbosa.html)
- **Cynthia Arfken, Ph.D.**, was noted in NDEWS News (National Drug Early Warning System) showing percentage increase while including real numbers AND putting it in context of other drug-related deaths. <http://www.ndews.org/>
- **Vaibhav Diwadkar, Ph.D.**, has been invited to serve as the keynote speaker by Associate Provost Monica Brockmeyer at the Undergraduate Research and Creative Project Conference being held on Friday, November 13, 2015. The audience will be about 150 undergraduate students together with their faculty mentors. This is an informative and inspirational talk that helps students better understand the benefits and importance of undergraduate research beyond their individual projects.
- Congratulations to Drs. **Rebecca Klisz-Hulbert and David Ledgerwood** who both received Wayne State University Teaching Awards this year
- **Cynthia Arfken, Ph.D., Alireza Amirsadri, M.D. and Steven Ondersma, Ph.D.**, received a Flynn Foundation Grant for their purposed evidence-based Practices Program for implementing a standardized universal screening with technology-based motivational interviewing as a critical part of integrated physical and behavioral health model that provides standardized screening, assessment, and mental health treatment.
- **Eugene Schoener, PhD** received a Flinn Foundation grant. Dr. Schoener's study will focus on mood and anxiety disorders in patients with chronic pain and include collaborations with Internal Medicine

and main campus Psychology.

### III. Research Activities

- **Natalie Wiseman**, a TNP student, has been awarded a NIF F30 research grant for her research "Susceptibility Mapping of Cerebral Metabolism in Traumatic Brain Injury". This will be funded by the National Institute Of Child Health & Human Development. Dr. Zhifeng Kou from Biomedical Engineering is Ms. Wiseman's advisor and her dissertation committee members include Drs. Haacke, Conti, Welsh and Stanley.

### IV. Office of Education and Training

- **Dr. Kamalika Roy**, PG-4 residents, received a travel award from the Academy of Psychosomatic Medicine. This trainee travel award is given every year to selected 15 residents/ psychosomatic fellows nationwide to enable them to attend the annual meeting. Dr. Roy will present her poster at the Academy Annual Meeting at New Orleans, Louisiana in November.
- **Marie Dewitt, M.D.**, our new Geriatric Psychiatry Fellowship Program Director who joined the department and the VA recently. Dr. Dewitt came to use from the Baylor College of Medicine and Houston VA.

### V. Clinical and Administrative

- Detroit Wayne Mental Health Authority and Wayne State University Physician Group are teaming up to help first responders. When we hear the term, "Post-traumatic stress disorder," (PTSD) we think of men and women recently back from battle zones around the globe. Yet there are people right here at home sworn to protect and serve our communities suffering the repercussions from PTSD: Our local police, fire and other first responders. <http://domemagazine.com/tomwatkins/tw090415>
- **Manisha Leary** has started our department as our new Quality Improvement Coordinator. She will be taking over many of the responsibilities previously performed by Judy Vershave. Manisha has her Masters in Social Work from the University of Michigan. She comes to WSUPG with experience as a Program Director, Clinical Care Coordinator and a Family and Community Services Specialist.

*We are deeply saddened by the recent passing of Dr. Mayer Subrin August 19, 2015. He was a training analyst, faculty and supervisor who trained several generations through the WSU psychiatry residency. He was revered for his compassion, generosity, stature in the field and his great mentorship. Our thoughts and prayers are with his family.*

*"Courage is being scared to death but saddling up anyway." - John Wayne*