I. Greetings from the Chair

You may be receiving notices regarding annual trainings (UPG, WSU and/or DMC), that need to be completed, please make this a priority. We are expected to have 100% compliance.

II. News from the Faculty

- **Cindi Arfken PhD, and Rebecca Klisz-Hulbert, MD** presented at the Faith Leaders as Mental Health First Responders series at Detroit’s Ecumenical Theological Seminary. Dr. Arfken spoke on Substance Abuse: current trends and prevention, and Dr. Klisz-Hulbert spoke on Suicide Awareness and Prevention.

- **Richard Balon, MD** has been selected to join a National steering committee for a Psychiatry Residency Education Program in clinical psychopharmacology.

- **Deane Aikins, PhD** was highlighted in last month’s Prognosis discussing his research. Dr. Aikins is working to increase knowledge and treatment with an ongoing study of PTSD in female veterans in Michigan. He is using a combination of reliving a stressful scenario with an extremely limited use of beta blockers to train the body to reduce the physical reaction to traumatic memories.


- **David Rosenberg, MD** was briefly quoted in USA Today on the behavior of some University of Michigan students from a fraternity, that caused hundreds of thousands of dollars of damage to resort in Gaylord, MI: [http://www.usatoday.com/story/news/nation/2015/02/08/fallout-from-ski-resort-mayhem/23097287/](http://www.usatoday.com/story/news/nation/2015/02/08/fallout-from-ski-resort-mayhem/23097287/)

III. Office of Education and Training

- **Ted Hunter, MD** – one of our Child and Adolescent fellows, was awarded a Fellowship to attend the 2015 Workshop on Clinical Trials, sponsored by the American Society of Clinical Psychopharmacology and the Zucker Hillside Hospital.

- **Hanna Saad, MD** – CAP – I, already a RFM President for Michigan Psychiatric Society (MPS), has been selected by The Nominations Committee to continue serving as a Councilor for MPS.
IV. Clinical and Administrative

- Please be on the lookout for emails regarding your annual VCE Training. This is required for all UPG employees and those that provide any service or interaction with UPG patients and/or clinics.

Best wishes to Jimmie Leleszi, DO on his retirement. For over 40 years, Dr. Leleszi has contributed to child and adolescent psychiatry with compassion, integrity and most of all, his commitment to the health of every child and the education of the doctors of tomorrow.

"I'd rather regret the things I've done than regret the things I haven't done."

Lucille Ball